

811: Three Numbers to Keep You Safe





April is National Safe Digging Month and the perfect time to refresh your knowledge about safe digging practices. Do you know how to prevent damage to underground utility lines? It's easy, you just have to remember three numbers: **811**. It's a free call that can keep you and your neighbors safe.

There is a vast network of pipelines, telecommunication cables and electrical wires buried underground, and if you accidentally hit one of them when digging, you could interrupt services that thousands of people depend on – and put yourself in danger as well.

Accidental damage to underground facilities can be prevented. One phone call to **811** from wherever you are will route your call to "Call Okie," the Oklahoma One Call System, which will alert owners of pipelines, telecommunication cables and power lines to mark their buried assets within two business days of the request. **There's no charge to you for this service**.

Whether you're planting a tree, tilling soil, installing a deck or sprinkler system or setting fence posts, always remember to call **811** at least two full business days before you plan to dig to allow all utility line locations to be marked.

It's easy to do. So during National Safe Digging Month, and any time of year, be safe – call **811** before you dig. For more information about digging safety, visit the safety section of our website at www.oklahomanaturalgas.com.



So Long, Stamps ... Hello, Paperless Billing!



Enroll in our Paperless Billing Program and enjoy the convenience of receiving and viewing your monthly statement online with just the click of a mouse. Each month when your billing statement is ready for online viewing, you will receive an email with a link to our website where you can review your statement and even pay your bill online.

With paperless billing, there are no more envelopes and no more postage stamps – it's fast, it's easy and it saves trees!

To sign up for our Paperless Billing Program, log on to your account at www.oklahomanaturalgas.com.

Save Energy and Money With a Natural Gas Dryer



If you purchase and install an efficient natural gas clothes dryer, you could receive a rebate of up to \$500 through our Energy-Efficiency Program!

Why choose a natural gas clothes dryer? They have faster cycle times than electric dryers, and clothes come out "fluffier" with natural gas – all this while giving you significant savings on your energy bills.

For quality, cost and energy efficiency, you just can't beat natural gas. For more information, program details and application forms, go to www.oklahomanaturalgas.com/rebates.

Chicken Sausage with Charred Peppers and Onions

Ingredients:

Nonstick cooking spray

- 2 medium red bell peppers, quartered lengthwise and seeded
- 2 medium yellow bell peppers, quartered lengthwise and seeded
- 2 large sweet yellow onions, each cut into 8 wedges
- 2 tablespoons extra virgin olive oil
- 2 garlic cloves, minced
- ½ tsp. salt
- ¹⁄₄ tsp. black pepper
- 1 tbsp. fresh oregano, chopped
- 8 3-oz. fully cooked Italian-flavored chicken sausages

Directions:

1. Heat natural gas grill to medium and coat with cooking spray. Grill the bell peppers and onions 12 to 15 minutes, turning 2 or 3 times, until charred and tender.

2. Combine the olive oil, garlic, salt and black pepper in a large bowl. Add the vegetables and the oregano; toss well.

3. Place the sausages on grill and cook 10 minutes, turning occasionally, until heated through and grill marks appear. Slice sausage in half at a sharp angle and transfer to a large platter. Serve with peppers and onions.

Makes 6 servings.

Nutrition: 266 calories, 20 g protein, 14 g carbohydrate, 14 g fat, 2 g. fiber.

