

Carbon Monoxide – Stay Alert, Stay Safe



There's nothing quite like the comfort and warmth that fills your home when it's heated with a natural gas furnace. As an efficient and affordable fuel that gives you that warm and cozy feeling, natural gas is a wise choice for home heating. When natural gas appliances are installed properly and are operating efficiently, natural gas burns safely and cleanly. But it's important to make sure that all fuel-burning heaters and appliances are working properly to prevent the creation of carbon monoxide.

What Is Carbon Monoxide?

Carbon monoxide, sometimes called "CO," is an odorless, colorless and tasteless gas that can make you sick and, under some

circumstances, may be deadly.
Carbon monoxide is created when fuel does not burn completely.
Sources may include improperly vented or malfunctioning appliances, auto exhaust and blocked chimney flues.



Carbon monoxide may be present if you see black soot around vents, flues, furnace filters or appliance-burner access points. A yellow flame instead of a blue flame on appliance burners is another warning sign. Carbon monoxide poisoning may be easily mistaken for other illnesses. Symptoms may include headache, dizziness, ringing in the ears, fatigue, increased perspiration, nausea, weakness and vomiting.

If you suspect the presence of carbon monoxide, leave immediately and then use a phone located away from the area to call 911.

How to Prevent Carbon Monoxide Exposure:

- Install and maintain a carbon monoxide detector in accordance with the manufacturer's instructions.
- Check and maintain proper ventilation of appliances and chimney flues.
- Clean or replace furnace filters regularly.
- Do not block air intake areas near appliances.
- Do not use a natural gas range or space heater to heat your home.
- Do not start your car, lawn mower, generator or any combustion engine in a closed garage.
- Do not operate a natural gas or propane grill in an enclosed area.
- Notice the color of the flame on a natural gas appliance. A yellow flame instead of a blue one is a warning sign that the appliance is not operating or vented properly.
- Have a qualified contractor inspect your heating and cooling equipment annually.

How to Read Your Meter

Have you ever wondered how to read your own meter? It's not hard; simply follow these three steps:

- 1. Notice the numbers are in a clockwise position on some dials and in a counterclockwise position on others.
- **2.** Read each dial in the direction of the arrow, starting with the dial on the left.
- **3.** Record the last number the needle has passed on each dial, even if the needle has almost reached the next highest number.

Use this illustration to test your meter-reading skills.



Time Better Spent with Natural Gas



From cooking family dinners to bath time with your little ones, natural gas is there to help you get the most out of your quality time. Find time better spent with natural gas appliances and rebates from Oklahoma Natural Gas.

The Energy-Efficiency Program offers the following rebates:

Natural Gas Heating System – up to \$2,500

Natural Gas Water Heater – up to \$850

Natural Gas Clothes Dryer – up to \$550

Natural Gas Range – up to \$200

Visit www.oklahomanaturalgas.com/rebates to learn more.

Roasted Red Pepper Party Dip

Ingredients:

- 1 7-ounce jar roasted red peppers, drained and diced
- 1 pound shredded Monterey Jack or Pepper Jack cheese
- 1 8-ounce package cream cheese, softened
- 1 cup light mayonnaise
- 2 tablespoons minced onion
- 3 cloves garlic, minced
- 1 tablespoon Dijon mustard
- ½ jalapeno, diced (optional)

Directions:

- 1. Preheat natural gas oven to 350 degrees.
- 2. In a small baking dish, combine all ingredients and stir until well incorporated.
- 3. Bake for 20 minutes or until bubbly and lightly browned.
- 4. Serve warm with tortilla chips, crackers or bread.