

NATURAL GAS Matters



CALL 811 BEFORE YOU DIG

Spring is here, and that means it's time to head outside for some outdoor projects you've been putting off all winter. But if any of those projects involve digging, there's an important call you need to make before you dig: a call to 811.

April is National Safe Digging Month and the perfect time to refresh your knowledge about safe digging practices. To prevent injury, damage and service outages, it's important that all underground utility lines be identified before any digging project begins.

One phone call to 811 will alert owners of pipelines, telecommunication cables and power lines to mark their buried utilities within two full business days of the request. There's no charge to you for this service. You may also submit a locate request online by visiting okie811.org.

Whether you're planting a tree or shrub, tilling soil, installing a deck or setting fence posts, always remember to call 811 at least 48 hours, excluding the date of notification, weekends and holidays, before you plan to dig to allow all utility line locations to be marked.

It's easy to do. So, during National Safe Digging Month, and any time of year, be safe and call 811 before you dig.

For more information about safe digging and natural gas safety, visit OklahomaNaturalGas.com.





Oklahoma Natural Gas







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GARLIC CHEDDAR CHICKEN







- 4 cloves garlic, minced
- 3/4 cup dry bread crumbs
- ½ cup freshly grated Parmesan cheese
- 11/2 cups shredded Cheddar
- ¼ teaspoon dried parsley
- ¼ teaspoon dried oregano
- ¼ teaspoon black pepper
- 1/8 teaspoon salt
- 8 skinless, boneless chicken breast halves - pounded thin

- 1. Preheat natural gas oven to 350 degrees.
- 2. Melt the butter in a saucepan on your natural gas range over a low flame, and cook the garlic until tender, about 5 minutes.
- 3. In a shallow bowl, mix the breadcrumbs, Parmesan cheese, Cheddar cheese, parsley, oregano, pepper and salt.
- 4. Dip each chicken breast in the garlic butter to coat, then press into the bread crumb mixture. Arrange the coated chicken breasts in a 9x13 inch baking dish. Drizzle with any remaining butter and top with any remaining bread crumb mixture.
- 5. Bake 30 minutes in the preheated natural gas oven, or until chicken is no longer pink and juices run clear.











